

Mic Drop: Stop the Stigma, Period.

This Mic Drop addresses period poverty and its impact on menstruators around the world. #PassTheMicYouth sat down with Ameer, policy coordinator for Period., to discuss the stigma associated with menstrual products, period poverty, the importance of access, and the campaign “National Period Day.”

Questions for Extended Dialogue:

- In what ways is Ameer an activist?
- What is the importance of using inclusive language when speaking about menstruation and accessibility to menstrual products?
- What does *period poverty* mean?
- Do you agree with Ameer when he said period poverty is a human rights issue? Why or why not?
- Although not a part of the menstruating community, Ameer advocates to raise awareness about period poverty. If we all were to become allies with communities we were not immediately a part of, how could this positively affect human rights across the globe?
- Ameer compares toilet paper to menstrual products. Do you believe this to be a fair comparison? Why or why not?
- According to Ameer, what role does gender play in the accessibility of menstrual products? Do you agree with his analysis? Why or why not?